

We've now added the option to learn about meditation to our Buddhist Immersion - Teaching English Program.

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Newsletter

We've added Meditation to our Buddhist Immersion - Teaching English Program

We have now expanded one of our more popular programs, the [Buddhist Immersion - Teaching English Program](#), by providing the opportunity for volunteers to practice meditation with Buddhist monks and nuns at a large Cambodian monastery (wat). In partnership with a senior monk and meditation teacher, and with the assistance and participation of resident monks and nuns, program participants will be able to learn about Theravada Buddhism while experiencing guided, walking, working, and individual meditation. Program participants will also be actively involved in monastery life by working and eating with the monks and nuns, and, if interested, participating in morning chanting.



Students take some time to relax and practice meditation while spending time at a Buddhist monastery (wat). pc: Sophak T.

The service component to the GSC Buddhist Immersion program is teaching English to young resident monks. After a day of experiencing life at the wat, volunteers will spend the evenings conducting basic conversational English classes at the monastery. Volunteer teachers facilitate active discussions and provide an opportunity for student monks and nuns to practice conversational English in a welcoming and fun atmosphere.



A GSC volunteer teaches English to a group of monks. pc: Sophak T.



A GSC volunteer spends some one-on-one time with a monk at the wat. pc: Sophak T.

If this program isn't for you, our original Buddhist Immersion - Teaching English Program is still available, along with our other four service-learning programs. Click on the links below to learn more:

- [Buddhist Immersion - Teaching English](#)
- [Teaching English](#)
- [Community Development and Leadership Training](#)
- [Global Public Health](#)
- [Child and Orphan Care](#)

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